

NORTHERN CROSS AREA CATHOLIC COMMUNITY

SEPTEMBER 6, 2026 | TWENTY THIRD SUNDAY IN ORDINARY TIME



23RD SUNDAY IN ORDINARY TIME

"For where two or three are gathered together
in my name, there am I in the midst of them."
- Mt 18:19-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPI

OUR PARISH STAFF

Pastor

Father Omar Guanchez
Em: (218) 346-4240 *Press 7
fatheromar@ncacc.net

Business Manager

Ann Koll
(218) 346-4240
ann@ncacc.net

Parochial Vicar

Father Nathaniel Daubner
Cell: (218) 457-3984
fathernathaniel@ncacc.net

Parish Secretaries

Holy Cross
Faye Hendrickx
faye@ncacc.net

Deacons

Deacon Randy Altstadt
(218) 457-0925
deaconrandy@ncacc.net

Sacred Heart & St. Lawrence

Sandi Kollar
sandi@ncacc.net

Deacon John Bell
(218) 457-2235
deaconjohn@ncacc.net

St. Henry

Chelsey Hemmelgarn
chelsey@ncacc.net

Deacon Richard Quistorff
(720) 688-1015
deaconrichard@ncacc.net

St. Henry's Area School

Jason Smith - Principal
(218) 346-6190
sthenryscool@arvig.net

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Northern Cross Area Catholic Community

STAY TUNED FOR OUR NEW WEBSITE!



HOLY CROSS CATHOLIC CHURCH

54216 Cty Hwy 148
Menahga, MN 56464
(218) 385-2201
Call Faye at
(218) 385-3850



SACRED HEART CATHOLIC CHURCH

36963 State Hwy 108
Dent, MN 56528
(218) 758-2700
Monday & Thursday
9:00AM - 1:00PM



ST. HENRY CATHOLIC CHURCH

234 2nd Ave SW
Perham, MN 56573
(218) 346-4240
Monday - Friday
8:30AM - 1:00PM



ST. LAWRENCE CATHOLIC CHURCH

46404 County Hwy 14
Perham, MN 56573
(218) 346-7729
Tuesday & Wednesday
9:00AM - 12:00PM

At Communion, Should I Say Amen?

When receiving Holy Communion, the minister holds up the host and says, "*The Body of Christ*." The appropriate and meaningful response is a clear, audible "*Amen*." Originating from Hebrew, this simple word means "*So be it*" or "*I believe*." Theologically, your "*Amen*" is a profound, two-fold affirmation. First, it reflects your belief in the Real Presence — that the Eucharist is truly Jesus Christ, not just a symbol. Second, it expresses your unity with the entire Catholic community. As St. Augustine taught, we become what we receive, and your "*Amen*" symbolizes your willingness to unite with Christ and His Church.

Because this word holds such deep significance, it is important to say it with intention and respect. As you approach the altar, take a moment to prepare your heart and offer a slight bow of reverence. When presented with the Eucharist, respond with a confident and sincere "*Amen*" before receiving the host. Rather than a hurried routine, let this short response serve as a genuine prayer of thanksgiving and a joyful, personal affirmation of your faith.

-Deacon Richard Quistorff



Important: September 5th will be the last Saturday 4pm Mass at Sacred Heart, Dent until summer of 2027.

ADDITIONAL PARISH CONTACTS

FAITH FORMATION

Holy Cross

Jason Schik (218) 298-1621
jschik@schikeng.com
Lacey Schik (218) 298-1368
lacey.schik@gmail.com

Sacred Heart

Diane Sazama
(218) 849-7520
woolyacres@arvig.net

St. Henry

Michelle Sazama
(218) 849-9660
michelle@ncacc.net

St. Lawrence

Stephanie Von Ruden
(218) 298-1050
steph@ncacc.net

CEMETERY

Holy Cross

Edgar Hendrickx (218) 298-2434

Sacred Heart

Tim Stoll (218) 841-4251 and
John Kratzke (218) 758-2275

St. Joseph

Mark Riestenberg (218) 731-2867

St. Henry

Ron Berns (218) 298-0545

St. Stanislaus

Mike Johnson (218) 849-0501

St. Lawrence

Rick Guck (218) 849-5488

BULLETIN DEADLINE:
MONDAYS AT NOON

LITURGICAL SCHEDULE

Saturday, September 5

4:00pm | Sacred Heart | † Luke Nundahl
5:00pm | St. Henry | † Stephen Doll
7:00pm | Holy Cross | † Agnes Hofland

Sunday, September 6

8:00am | St. Henry | † Lawrence Dykhoff
8:30am | Sacred Heart | † Sue Kalinoski
10:00am | St. Henry | For the People
10:30am | St. Lawrence | † Kathy Sautter

Tuesday, September 8

8:45am | St. Henry | † Michael Kennedy
7:00pm | Sacred Heart | † Mary Nierengarten

Wednesday, September 9

8:30am | St. Lawrence | † Cecile Olson
5:15pm | Holy Cross | † John Tschida

Thursday, September 10

8:30am | Sacred Heart | † Cecile Olson
8:45am | St. Henry | No Mass
7:00pm | St. Henry | † George & Phillip Altstadt

Friday, September 11

8:30am | St. Lawrence | † Paul Klinnert
10:00am | Perham Living | † Leonida Fritz

Saturday, September 12

5:00pm | St. Henry | For the People
7:00pm | Holy Cross | No Mass

Sunday, September 13

8:00am | St. Henry | † Edward & Barbara Stallman
8:30am | Sacred Heart | † Josh Hanson
10:00am | St. Henry | † Larry Van Watermulen
10:30am | St. Lawrence | Living & Deceased Members of Leo & Teresa Doll Family
10:30am | Holy Cross | † Darlene Steinbach

BAPTISM

Contact the parish offices. Requirements for having your first child baptized are: registration at a parish and attendance of a pre-baptism class. The pre-baptism class is typically offered the 3rd Saturday of the month. Pre-registration is required.

MATRIMONY

Diocesan policy requires that the Pastor be contacted at least 6 months before the anticipated date of marriage to allow time for premarital inventory, instructions, and planning.

ANointing OF THE SICK

Contact the parish offices.

PARISH REGISTRATION

Contact the parish offices.

OCIA (ORDER OF CHRISTIAN INITIATION OF ADULTS)

OCIA is the process established by the universal Church for individuals to become Catholic and receive the sacraments of initiation - Baptism, Confirmation, and Eucharist. Classes typically begin in the fall. If interested, please contact Father Nathaniel.

MASS SCHEDULE



HOLY CROSS

WEEKEND MASS:

Saturday: 7:00 PM

WEEKDAY MASS:

Wednesday: 5:15 PM



ST. HENRY

WEEKEND MASS:

Saturday: 5:00 PM

Sunday: 8:00 AM & 10:00 AM

WEEKDAY MASS:

Tuesday & Thursday: 8:45 AM

Friday at Perham Living: 10:00 AM



SACRED HEART

WEEKEND MASS:

Saturday: 4:00 PM

Sunday: 8:30 AM

WEEKDAY MASS:

Tuesday: 7:00 PM

Thursday: 8:30 AM



ST. LAWRENCE

WEEKEND MASS:

Sunday: 10:30 AM

WEEKDAY MASS:

Wednesday: 8:30 AM

Friday: 8:30 AM

CONFESSIONS/ADORATION SCHEDULE

CONFESSION TIMES

Holy Cross

½ hour before weekday Masses

3rd Saturday of the month | 6:00PM - 7:00PM

Sacred Heart

½ hour before weekday Masses

Saturday | 3:00PM - 3:45PM

St. Henry

½ hour before weekday Masses

Saturday | 4:00PM - 4:45PM

St. Lawrence

½ hour before weekday Masses

ADORATION

St. Henry Adoration Chapel

Monday | 9:00AM - 5:00PM

Tuesday 9:30AM - Wednesday 5:00PM

Thursday | 9:30AM - 5:00PM

Holy Cross

3rd Saturday of the month | 6:00PM - 7:00PM

Sacred Heart

2nd Thursday of the month | after 8:30AM Mass

St. Lawrence

1st Friday of the month | after 8:30AM Mass

WEEKLY STEWARDSHIP UPDATE

FOR THE WEEK OF 8/23/26

Holy Cross

Adult	\$1,035.00
Plate	\$64.00
Children/Other	\$29.00

Weekly Total **\$1,128.00**

Sacred Heart

Adult	\$1,238.00
Plate	\$891.00
Children/Other	\$269.60
Electronic Transfers	\$210.00

Weekly Total **\$2,608.60**

St. Henry

Adult	\$5,588.00
Plate	\$2,216.25
Children/Other	\$277.00
Electronic Transfers	\$6,067.60

Weekly Total **\$14,148.85**

St. Lawrence

Adult	\$1,070.00
Plate	\$698.00
Children/Other	\$165.75
Electronic Transfers	\$730.00

Weekly Total **\$2,663.75**



School Capital Campaign Update

Received 8-31	\$1,379.00
Pledges to be Received	\$371,167.00

Thank you for remembering our parish families with your Stewardship throughout the year. Your gifts are greatly appreciated!

PRAYER LIST

SICK OR HOMEBOUND

Joyce (Huebsch) Bauer
Kathaleen Zeise
Kathi Schmitz
Keith Friedsam
Dave Hammers
Keith Goeller
Maya Blickenstaff Vukelic
Mike Hendrickx
David Huwe
Suzanne Schornack
Jeremy Hammers
Willow Swan

MILITARY

Derick Burr
Sandra Silbernagel
Nicholas Melz
Miguel Martinez
Noah Zeleny
Tyler Van Watermulen
Andrew Schlosser

LEADERS IN FAITH

Pope Leo XIV
Bishop Patrick Neary
Bishop Emeritus Donald Kettler
Deacon Randy Altstadt
Deacon John Bell
Deacon Richard Quistorff
Father Omar Guanchez
Father Nathaniel Daubner

CONGRATULATIONS TO:

Memphis Ryan Paurus, son of Gage & Annie Paurus, who was recently baptized at St. Henry's

SYMPATHY TO:

Family and friends of Tom Schmitz who recently passed away

WEEKLY READINGS

WEEK OF SEPTEMBER 6, 2026

Sunday: Ez 33:7-9/Ps 95:1-2, 6-7b, 7c-9/Rom 13:8-10/Mt 18:15-20
Monday: 1 Cor 5:1-8/Ps 5:5-6, 7, 12/Lk 6:6-11
Tuesday: Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c/Mt 1:1-16, 18-23 or 1:18-23
Wednesday: 1 Cor 7:25-31/Ps 45:11-12, 14-15, 16-17/ Lk 6:20-26
Thursday: 1 Cor 8:1b-7, 11-13/Ps 139:1b-3, 13-14ab, 23-24/Lk 6:27-38
Friday: 1 Cor 9:16-19, 22b-27/Ps 84:3, 4, 5-6, 12/Lk 6:39-42
Saturday: 1 Cor 10:14-22/Ps 116:12-13, 17-18/Lk 6:43-49
Next Sunday: Sir 27:30-28:7/Ps 103:1-2, 3-4, 9-10, 11-12/Rom 14:7-9/Mt 18:21-35

DIOCESAN NEWS & AREA EVENTS

Bishop's Annual Appeal – Hearts of Mercy: Please accept our deepest gratitude to those of you who have already supported diocesan ministries this year. As of Monday, August 24, the Bishop's Annual Appeal for 2026 has raised cash and pledge gifts of \$1,207,008 toward our goal of \$1,550,000 (77.87%). This was made possible through the generous donations of 5,646 people throughout the 16 counties of our diocese. For weekly updates on our progress and to help these ministries meet their funding needs, visit www.stcdio.org/annualappeal.

Stewardship as a Way of Life: *"You, son of man, I have appointed watchman for the house of Israel..." - Ezekiel 33:7*

Many of us are generous with our gifts. However, many of us are not generous in proportion to the gifts we have been given. How often do we give at the minimum level required? Remember, the Lord calls us to nurture and develop our gifts and to give back with increase. He calls us to be generous with all the gifts, especially the one that means the most to us.

Care for Creation: Care for Creation is one of the seven themes of Catholic social teaching and one of Bishop Patrick's priorities. As faithful stewards of creation, we demonstrate our reverence for the Creator by respectfully and responsibly managing the earth. Please check out the Care for Creation guide at: <https://stcdio.org/care-for-creation/>.

GriefShare, a faith-based grief support group hosted by New Creation Lutheran Church, Perham, will be held on Mondays from 1-3pm, Sept. 14 through Nov. 23, 2026.

This support group is for adults grieving the loss of a friend or family member. Each session includes group discussions and a video. GriefShare is a safe and comforting place to talk with others about your grief journey; you will meet others who relate to and understand what you are going through, and you will learn practical tips for navigating your grief. Registration is available at griefshare.org/findagroup. Questions? Please contact Jennifer Howey at 218-346-7203 or email at garden@newcreationperham.org.

"Make Me an Instrument of Your Peace" is the theme of the St. Cloud Diocesan Council of Catholic Women's Annual Fall Conference to be held Saturday, September 19, 2026, from 8 a.m. - 2:15 p.m. at Holy Family Parish in Belle Prairie, featuring Fr. Tim Tran as the speaker. The day will also include Mass and a documentary film on the life of Archbishop Fulton Sheen. Registration fee is \$25 by 9/10; \$30 after 9/10 or at the door. Send registration fee to: St. Cloud DCCW c/o Nita Hayes, 16695 Jewel Road, Little Falls, MN 56345. Questions, call Nita at (320) 630-0388.

IS THE LIGHT OF CHRIST IN YOU? Are you looking for that light? How can you bring the light of Christ to someone else if you don't have it within yourself? CENTRAL MINNESOTA KOINONIA is sponsored by the St. Cloud Diocese and designed for adults, the next weekend is scheduled for September 18-20, 2026, at the TEC Center north of Little Falls, Minnesota. Cost of the weekend is \$70. Go to www.centralmnkoinonia.org for more information and to register for retreats.





WELLNESS MINUTE

Feeling overwhelmed and stressed? Faith calls us to give the situation to God and then take the next step, trusting that God knows where we're going even if we don't. *"Come to me, all you who labor and are burdened, and I will give you rest, says the Lord."* (MT 11:28) When faced with a crisis, remind yourself: God is here, and He will not give you more than you can handle. (1 COR 10:13) Positively managing stress is a way to care for ourselves and promote health and well being:

- Identify stress triggers to help predict and plan against them before they escalate.
- Rethink work/life balance: Break tasks into smaller steps and set realistic goals.
- Sleep is medicine: Maintain a consistent sleep schedule in a cool, dark, quiet environment.
- Energize with movement: Go for a walk or bike ride to clear your mind and increase blood flow.
- Live simply: Let go of unnecessary "stuff" and distractions that hinder spiritual freedom.

Life has many difficulties and uncertainties. We are not in control; God is. *"When we surrender to the path of love that He has laid out for us, our lives become infinitely lighter, easier, and more joyful, for we are moving with the divine purpose."* Robert Bishop Baron

HOLY CROSS

Faith Formation for grades 1-6 will begin on September 16th. If you are new or would like to join the classes please call the office or Lacey Schik.

Cards will be played every Thursday at 1:00PM. Everyone is invited.

SACRED HEART



Sacred Heart Christian Mothers Coffee & Rolls

Sunday, September 13th
(after 8:30AM Mass)

Sacred Heart Faith Formation

Wednesday, September 16: Teachers' Meeting; 7:00PM at Sacred Heart.

Wednesday, September 23: All Faith Formation students and parents; 7:00PM Mass with refreshments to follow for all.

New students should contact Diane (218-849-7520 or woolyacres@arvig.net) to register.

Seed To Grow: We wish to extend a very heartfelt Thank You to all who helped make the Seeds to Grow bake sale fundraiser a success. Through your generous support, a total of \$1,763 was raised to ease the financial burdens caused by serious illness or injury.

Sacred Heart Parish Life Committee Meeting

Thursday, September 17 at 10:00AM

ST. HENRY

There will be no adoration at St. Henry on Labor Day, Monday, September 7th. The parish offices will be closed.

There will be no 8:45AM Mass on Thursday, September 10th. Adoration will begin at 10:00AM that day.

ST. LAWRENCE

St. Lawrence End of Summer Bake Sale

Sunday, September 6th (After the 10:30AM Mass) Groups 3 & 4 will provide baked goods

St. Lawrence Café

Open Wednesday, September 9th. Bring a dish to share and join us for breakfast after the 8:30AM Mass

Heritage Pot Luck Meal

on Sunday, September 20th after 10:30AM Mass
Bring a special dish inspired by your heritage to share and join us for lunch after Mass.



Congratulations to our Calendar Raffle winners this week: 9-2-26-Aaron Goeden-\$50 and 9-4-26-Derek Riepe-\$100

School began on Sept. 1. We would appreciate your prayers for a safe and successful school year. We couldn't do what we do without your support.

Northern Cross Area Catholic Community Suicide Remembrance & Healing Mass

Thursday
September 10
7:00PM

St. Henry's
Catholic Church
Perham

In observance of World Suicide Prevention Day, Fr. Omar will celebrate a special Mass to remember loved ones lost to suicide and to promote healing for those who grieve their passing. In honor of a loved one, those attending will be invited to lay a flower at the altar to symbolize our commending those lost by suicide to God's love, mercy, and care.

NCACC ANNOUNCEMENTS

The Perham Knights of Columbus will meet **Tuesday, September 8th at 7:00pm** in the St. Henry's Church basement. Men interested in joining the Knights of Columbus are invited to attend. Information on the Knights can be found at kofc.org and mnknights.org



You are invited to join the Northern Cross Area Catholic Community OCIA program. This program is for those interested in becoming Catholic and for Catholics interested in learning more about their faith. The first meeting will be **September 17 at 7pm in the JPPII Conference Room at St. Henry**. If you have any questions or if you would like to reserve your spot, please email Fr. Nathaniel at fathernathaniel@ncacc.net.

**Religious
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Registration
Here!**




COMMUNITY SPEAKER SERIES

WELLNESS FOR EVERYDAY LIVING



WITH DR. DAVID MACH
RETIRED CLINICAL PSYCHIATRIST

July 17 Wednesday, September 9th

6:30 PM

**St. Henry's Catholic Church
Basement**

**FREE COMMUNITY EVENT
ALL ARE WELCOME**

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INTENTION FOR SEPTEMBER
FOR THE CARE OF WATER**

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